

## The Refuge Family Week Program & Schedule

	Monday	Tuesday	Wednesday	Thursday
TIME				
7:30-8:00	Yoga at The Seed Barn (Families May Participate)		Yoga at The Seed Barn (Families May Participate)	
8:00-9:00	Breakfast at The Refuge Lodge (Clients & Families)	Breakfast at The Refuge Lodge (Clients & Families)	Breakfast at The Refuge Lodge (Clients & Families)	Breakfast at The Refuge Lodge (Clients & Families)
9:00-9:30	Meditation & Community Meeting At Pavilion (Clients Only)	Meditation & Community Meeting At Pavilion (Clients Only)	Meditation & Community Meeting At Pavilion (Clients Only)	Meditation & Community Meeting At Pavilion (Clients Only)
9:30 - 11:45	Welcome To The Refuge Presentation At Pavilion (Families & Clients)	Nuts & Bolts of Trauma Treatment Presentation at Pavilion (Families & Clients)	Psychodrama at Pavilion (Families & Clients)	Intensives Presentation & Closing Group at Pavilion (Families & Clients)
12:00-1:00	Lunch at The Lodge (Clients & Families)	Lunch at The Lodge (Clients & Families)	Lunch at The Lodge (Clients & Families)	Lunch at The Lodge (Clients & Families)
1:15-3:00	Family Process Group At Seed Barn (Families Only) Client Process Group At Pavilion (Clients Only)	Process Group in Pavilion (Families & Clients)	Disease Concept Presentation At Pavilion (Families & Clients) Open visitation of the Neuro-Cognitive Rehab Lab 2:30-3:30pm	Visiting, Free Time & Off Property Passes
3:00-5:00	Visiting & Free Time	Visiting & Free Time	Visiting & Free Time	Visiting, Free Time & Off Property Passes
5:00 - 6:00	Dinner at The Lodge (Clients & Families)	Dinner at The Lodge (Clients & Families)	Dinner at The Lodge (Clients & Families)	Dinner at The Lodge (Clients & Families)
6:15 - 7:15	Alanon Meeting at Pavilion (Families Only)	Visiting & Free Time (Families are invited to stay on property till 9pm Monday- Saturday for visiting hours)	ACOA Meeting at Pavilion (Families & Clients)	Visiting, Free Time & Off Property Passes

\*Families & clients will be made aware of times & dates for Family Sessions during Family Week.

\*Curfew during Family Week for visiting hours is 9:00pm & curfew for off property visits should be discussed with client's Therapist.